

SAYFC INTERNATIONAL PROGRAMME

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If you have any questions ask our International Co-Coordinator, Lucy!
SAYFC, Young Farmers Centre, Ingliston, Edinburgh, EH28 8NE
0131 333 245 / west@sayfc.org

SAYFC INTERNATIONAL PROGRAMME

Where will it take you?! Are you ready to find out?!

SAYFCs International Programme has enabled hundreds of Young Farmers to go on adventures and experience trips of a lifetime. All members have the chance to get involved and have the option of going on a variety of trips – seminars, homestays and group trips!

Why travel with SAYFC?

Because you will:

- meet new people
- experience something unique
- get to see the world in a very cost-effective way
- have lots of fun
- be able to add the experience to your C.V
- improve on your self-confidence

It will be a great experience so what's holding you back?!?

Read on to find out more!



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1. WHICH TRIP SHOULD I GO ON?

As we understand that every member is unique we have a variety of different trips available for you to go on. You can choose from the following:

- a. Homestays
- b. Group travel trips/tours
- c. Rural Youth Europe events
- d. Ski trip

a. Homestays

A SAYFC homestay is totally unique and allows you to experience a different way of life. Trips last from two weeks to three months - it's up to you to decide how long you want to travel for and which country you want to visit.

During your time away you will stay in a host's house. Normally every couple of weeks you will move to a new host family.

The host will be similar to you and will be a member of a young farmer organization.

This is a great way to meet new people, experience how other people live and learn more about agriculture.

Top tip! – If you decide to go on a homestay adventure bring along some small gifts from Scotland to give to your host families to say thank you!

Location	Arrival Date 2017	Length of Trip	Funding from International Trust
Austria	July	3-6 weeks	£400
Canada	27 May	Up to 3 months	£900
England	23 June	2 weeks	N/A
Finland	June & July	4 weeks	£500
Northern Ireland	7 May	2 weeks	N/A
Ireland	4 August	2 weeks	N/A
New Zealand	11 June	Flexible	£1500
Norway	23 June	Flexible	£500
Switzerland	17 June	Up to 6 weeks	£500
Tasmania	April	Up to 3 months	£1200
USA - Colorado	28 June	Up to 3 months	£1000
USA- Kansas	16 June	Up to 3 months	£1000
USA – Montana	10 July	Up to 3 months	£1000
Wales	17 July	2 weeks	N/A

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b. Rural Youth Europe Events

Rural Youth Europe is a European non-governmental international youth organisation which brings together rural young people from more than 20 countries. Their main aim is to help young people share ideas and experiences and promote an awareness of rural issues such as unemployment and housing.

Seminars -The Rural Youth Europe seminars only last a week. Each year they take place in a different country. They are a great way to meet young farmers from all over Europe and learn new ideas. Two Scottish delegates can go on each of the seminars.

Rally - Each year 150 young farmers from all over Europe meet for one week to participate in the Rally. This week will involve sightseeing, sampling new cultures, homestays, making new friends and much more. A team of four people from SAYFC will go and The National Chairperson, Suzie Dunn, will be leading the team in 2017.



Trip	2017 Dates	Cost
Rural Youth Europe Rally	6 – 13 August	Flights & travel insurance
Rural Youth Europe Seminar	November	Flights & travel insurance

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C. Group Travel trips/tours

If you want to travel with a group of young farmers then we have some perfect trips for you!

This year SAYFCs International Committee have introduced the following new opportunities to the programme:

- Ski Trip
- Tour of China
- Sailing Trip
- Canada – 4H Summit and Calgary Stampede

Trip	2017 Dates	AOI	Cost
Skiing	6-14 January		£429
China adventure	16– 27 August	12 members	£2200
Sailing trip	11 – 18 July	12 members	£750
Canada – 4H Summit & Calgary Stampede	Approx. 7 – 15 July	3 members Group can tailor route	

Visit our website for full details for all the homestay, rural youth Europe and group travel trips. There are so many options to choose from!

www.sayfc.org/international-travel-opportunities

d. **Ski trip**

This year SAYFC has also introduced its first ever ski trip.

SAYFC are offering a full week of now, skiing, Apres Ski and SAYFC evening social events. This once in a lifetime trip is taking place from Friday 6 January to Saturday 14 January 2017 – perfect time to go away and beat those January Blues!

Tickets cost £429 per person. Included in this price is your accommodation, lift pass, coach travel and social evenings. You don't need to apply to the International Programme to go on this trip, all you need to do is book by the 2nd December 2016.

More information can be found on our website:

www.sayfc.org/international-travel-opportunities-ski-trip



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2. HOW DO I APPLY?

Applying to go on an SAYFC international opportunity is simple! Just follow the steps below:

1. Choose your adventure – Choose a 1st and 2nd choice (remember to check the dates!)
2. Download the application form from our website
3. Fill in the application form and send it to Lucy at west@sayfc.org Young Farmers Centre, Ingliston, EH28 8NE
4. Attend a face to face or phone interview at the February competitions weekend in Perth (Saturday 25th February 2017)
5. On the day of your interview you will be notified whether you were successful or not

Did you know?! If you don't get your 1st or 2nd choice the panel may offer you a different trip. Keep an open mind, it might be the right trip for you!



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3. INTERVIEW – WHAT TO EXPECT?

On Saturday the 25th February 2017 you will be interviewed by a panel of four people.

You will be invited to attend a face to face interview but if you can't make it, just let us know and we will arrange a phone interview.

Interviews will be held in Perth and interview times will be sent out via email nearer the time.

The interview will last around 10 minutes and the panel will have read your application form before they interview you.



4. HOW DO I PREPARE FOR THE INTERVIEW?

- Read through your application form so you know what you have written
- Research the country/countries you would like to visit e.g. what is the capital, where is it, what is currently happening in that country?
- Have a look at our website and maybe read past traveler's reports
- Swot up on your SAYFC knowledge e.g. who is the National Chairperson, who is the International Chairperson, what current issues are SAYFC facing etc.
- For Rural Youth Europe events make sure you know the theme etc and let us know why that interests you
- Have a think about how others could benefit from you going on the programme – e.g. will you inspire others to go when you return?
- Have a think about how you will benefit from going on the adventure
- Have some interesting facts about yourself
- Maybe talk to past travelers if you can

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5. I'VE BEEN OFFERED A PLACE! 😊

5.1 How can I get sponsorship/funding?

- All delegates that travel out with the UK on a homestay opportunity will receive automatic funding from the International Trust. The International Trust also pay for the fee all Rural Youth Europe events and heavily fund some of the other adventures offered. Please have a look at our website to find out how much you will receive for each trip from this trust.
- Our website also has a funding section which details all the other organizations you can ask for sponsorship from. www.sayfc.org/international-travel-funding-grants
- Why don't you ask your Club or District for some help?
- Still confused? Contact Lucy – 0131 333 2445/ west@sayfc.org



5.2 How do I book my flights?

If you have been offered a homestay or Rural Youth Europe opportunity you will need to book your own flights. With the other trips offered Lucy will book them for you.

- Have a look online
- Travel agents are also a good way to book flights.



6. BEFORE YOU GO.....

MAKE SURE YOU REMEMBER THE FOLLOWING

Passport - You need an in date passport- make sure it won't expire while you are travelling. Most countries require a passport to be valid for at least six months beyond the trip. Some countries also require your passport to have an electronic chip.



Visa - Check that your country doesn't require you to have a visa. To find out, call up a travel agent or check out this website: www.gov.uk/foreign-travel-advice Make sure you do this asap as some visas take some time to apply for.

Vaccinations - Visit your doctor/travel clinic to make sure your vaccinations are up to date and whether you need anymore. For more information visit www.fitfortravel.nhs.uk

European Health Card - If travelling in Europe you should make sure you have an up to date European Health Insurance Card which entitles you to reduced costs or sometimes free medical treatment. This is a free card and can be ordered via www.ehic.org.uk.

Travel Insurance - Make sure you get travel insurance to cover your trip – loads of companies offer travel insurance e.g. Boots, Virgin, Tesco etc. Also, online comparison sites will provide you with a range of options suitable for your budget. **MAKE SURE** you read the policy conditions carefully, so you know what you are covered for whilst you are away.



Money – Make sure you have money for the currency that you are going to visit. You can also get money cards or travelers cheques. Visit travel agencies to find out more about these. If you order money beforehand you will get a better rate than if you get it at the airport.

Travel adaptors – Different countries have different adaptors. Once you arrive in the country it may be difficult to find ones for UK appliances so it's a good idea to buy some before you go.



Travel Guides - Buying a travel guide might be helpful.

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Mobile - Using your mobile abroad can be expensive. If you take your mobile away on your trip switch off data roaming to avoid expensive charges. If you are away for a long time it might be worthwhile buying a new sim while you are out there. Most airports have shops where you can purchase sim cards.

Emergencies – Before you learn how to contact the emergency services in the country you are travelling to. Maybe also memorize some important numbers from back home – your mums mobile number! Keeping copies of your important documents e.g. password, travel insurance policy etc is a good idea. Giving copies to someone back home is also sensible. In case your debit/credit cards get stolen it's a good idea to make sure that someone at home knows how to cancel them for you.

HELP
EMERGENCY

Laws- When you are in a different country you are subject to their laws so look them up and follow them! For example, did you know it's illegal to take chewing gum into Singapore. Some countries such as New Zealand have very strict import and quarantine regulations!



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2. ONCE YOU RETURN FROM YOUR ADVENTURE....

- Fill out our survey to let us know what you enjoyed and what you thought could be improved on. If you have any ideas for new trips as well please let us know!
- Submit your report to the International Trust – as a term and condition of the funding they provide you are to submit a short report to them within six weeks of returning to the UK. These reports are also a great way for other members to see what happens on SAYFC's adventures.
- If you have any great pictures of your travels please send them to Lucy – west@sayfc.org
- If you enjoyed your time away make sure you tell others about it!



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8. COMMON QUESTIONS

Can any member apply even though they aren't heavily involved with SAYFC?

Yes!! Any member can apply. Even if you have just joined or have been a casual member please apply. You don't have to have had any roles in SAYFC to go on our adventures. The panel are interested in your personality, skills, hobbies, working life as well etc. It's still a good idea to have good knowledge of SAYFC though.

I have been on an SAYFC international programme trip before can I still apply?

Yes you can!

Are there any age restrictions for travelling with SAYFC?

To travel with us you must be aged between 18 and 28 years old.

I can't get a lot of time off work. Are there any short trips?

Yes! We have loads of shorter trips. Have a look at our website for information on all the trips offered.



9. I'M CONFUSED/HAVE SOME QUESTIONS/ WOULD LIKE MORE INFORMATION

- Have a look at our website – it lists all our adventures and their dates
- Contact the International Co-coordinator - Lucy – 0131 333 2445/ west@sayfc.org
- Contact the International Chairperson - Gemma Bruce - gibruce@hotmail.co.uk
- Talk to past travelers

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