

# National Ladies Rugby Sevens Tournament 2024

## ELIGIBILITY

1. This competition is open to members affiliated to the Scottish Association of Young Farmers Clubs. The team must consist of at least five members who have not attained their 28<sup>th</sup> birthday by the date of the National competition. This competition now allows for a maximum of 2 Associate members to take part who must not have attained their 30<sup>th</sup> birthday by the date of the National competition.
2. Due to health and safety reasons – no member under the age of **18 years** of age will be permitted to compete at ANY level of this competition.
3. This competition is for female competitors only.

## SCORING CRITERIA

1. Points for the League:- Win - 3 Draw - 1
2. All teams will be notified of their reporting time, any team not ready to start at their located time will have a defeat registered against them and credited to the side that is there, and if neither of the teams are there they will both have a defeat put against them.

## PROCEDURE

1. Depending upon the number of entries received and the facilities available, the competition will be run in four leagues on two pitches. All games will be 7 minutes each way, except for the final, which will be 10 minutes each way. The top team of each league will go forward to the Semi- Finals and the Competition will then be conducted on a knockout basis. In the event that there is only sufficient teams for two leagues semi-finals will be organised between 1st and 2nd placed teams in each league on a knockout basis. In the event of a draw in the knockout stages, sudden death will be played in 5 minute periods until there is a winner.
2. All teams' members must wear appropriate attire and footwear (metal studs or moulded). These will be checked by the referee before play commences.
3. Start of Play: Kick off. Winner of the toss can choose whether they want the kickoff or choice of ends. The game shall be restarted in like manner after a score with scoring team kicking off.
4. Each team of seven players is permitted to substitute not more than three players during the game. A player who has been substituted may not re-enter the field of play as a substitute for another player. The substitution of players may only take place at a stoppage in play. Teams can use their own discretion as to how many substitutes they bring to the tournament as long as this does not exceed three.
5. The competition will follow the Rules of the Rugby Sevens as laid down by the International Rugby Board.
6. A player sent off during a game shall be suspended from the rest of the tournament. Receiving two yellow cards will also result in suspension from the rest of the tournament.
7. In the opinion of and at the Chief Steward's discretion, a competitor or team will be disqualified for discourteous conduct by word or act, which is likely to bring the event and/or the YFC into disrepute.
8. National Council will appoint the Referees.

## ENTRIES

Each District of the Association will be allowed to enter two teams per District along with a further supplementary team who will be given the chance to play if sufficient places are available. There will be seven players on the field of play at the same time.

**Entry Deadline:**

**Friday 19<sup>th</sup> April**

**Entry Fee:**

**£25**

**Competition Date:**

**Sunday 5<sup>th</sup> May 2024**

**Entry Criteria:**

**District to National**