# Scottish Association of Young Farmers Clubs

## **Athletics 2025**

#### **ELIGIBILITY**

This competition is open to all members affiliated to the Scottish Association of Young Farmers Clubs. Members should not have attained their 28th birthday by the date of the competition.

#### **Events**

The competition will be made up of the following events.

100 Meters

200 Meters

400 Meters

800 Meters

4x100 Meters Mixed Relay\*

Shotput

High Jump

Long Jump

**Novelty Races** 

\*Mixed relay team must consist of x2 male and x2 female. Junior and Senior sections will depend on entry numbers\*

- 1. Running spikes may be worn
- 2. Starting blokes may be used is venue applicable
- 3. Stewards word is final
- 4. Races will be ran in heats, depending on entry numbers. A draw will take place after competitor registration.

### **ENTRIES**

Entries are invited for 4 sections.

- Junior Female (up to 18<sup>th</sup> birthday)
- **Junior Male** (up to 18<sup>th</sup> birthday)
- **Senior Female** (up to 28<sup>th</sup> birthday)
- **Senior Male** (up to 28<sup>th</sup> birthday)

Competitors may enter as many events as they wish. No limit to entries.

Entry Deadline: Wednesday 10th September

Competition Date: Sunday 21st September