

CABARET RULES 2026

ELIGIBILITY

1. A team will consist of no less than two artistes, and not more than thirty full members of any Young Farmer's Club affiliated to the Scottish Association of Young Farmers Clubs, who must not have attained their 28th birthday by the day of the contest. Teams can have one associate member per every five members of the cast who must not have attained their 30th Birthday by the day of the contest.

Clubs may amalgamate within a District to enter a team for the Competition. Teams may amalgamate due to lack of members with competing Clubs.

It is permissible for up to two producers and one accompanist NOT to be club members, and these will not count as part of the team. Each team can also have up to four backstage crew, all of whom must be full or associate members who have not reached their 30th Birthday.

Additional accompanists must be part of the 30 artistes and be full members.

PROCEDURE

2. The competition shall take the form of entertainment & revue and be of the teams' own choice – but not the form of a play.
3. Hand Props will be allowed, and other props will only be allowed provided that they can be ASSEMBLED ON and CLEARED FROM the Stage in the time allotted using only the door to the left-hand side of the stage. If items land off-stage, the clubs will be responsible for clearing. Persons will be allowed to be off the stage whilst still competing.
4. Teams will be allowed forty minutes before the competition for a lighting rehearsal (30 minutes practice, 10 minutes to clear the stage).
5. Teams contacting or visiting the hall at any time will be disqualified. No backcloths will be allowed. The definition of a backcloth is one which is suspended from above. Self-standing structures shall not constitute a backcloth. Nothing is allowed to be pinned onto the curtains.
6. Any named person on the entry form must not consume or be seen with alcohol prior to their team's performance on the day of competition. Alcohol is strictly prohibited backstage and in changing rooms. This rule applies to all individuals listed on the team entry forms. If any team member is found to be under the influence of alcohol or deemed unfit to compete, the entire team will be disqualified.
7. In the opinion of and at the Chief Stewards' discretion, a competitor or team could be disqualified for conduct by word or act which is deemed to bring the event and/or the YFC into disrepute. In the opinion of and at the Chief Stewards' discretion, a competitor or team could be recommended for disciplinary action by the appropriate committee in the event that their conduct or that of any of their supporters is, during or after the event, deemed threatening, aggressive or inappropriate.
8. All cast members must wear soled footwear on stage – no bare feet or sock wear on stage.
10. Musical Discs must be instrumental only. This will result in disqualification if not adhered to.
11. No multimedia projections are permitted

SCORING

12. Teams will be marked on the following criteria -

Entertainment value	50
Presentation and Production	35
Balance of Programme	15

100

13. Penalties – all penalties due to infringement of the rules will be at the discretion of the Judges and/or the Chairman. These penalties could be point deductions or disqualification
The chairman will advise teams to fix or adapt their performance if a broken rule has been noticed during the rehearsal time.

TIMING

14. The total time allowed will be 10 minutes. Penalty Marks for OVER or UNDER 10 minutes will be TWO marks per full minute up to three minutes, after which the team will be disqualified.

EXTRA STAGE TIME will be allowed as follows: -

SETTING OF STAGE - Maximum TWO minutes.

CLEARING OF STAGE – Maximum ONE minute (this does not include removal of microphones)

Any excess of time used will be subject to Penalty Points. For every ten seconds over time allowed, 2 points will be deducted. As stated below.

0 seconds – 10 seconds over = 2 pts.

11 seconds - 20 seconds = 4 pts.

21 seconds –30 seconds = 6pts.

31 seconds - 40 seconds = 8pts.

41 seconds –50seconds = 10pts.

51 seconds – 1 full minute over = 12 pts.

Timing starts from the first sound or first movement and ends on the last sound or movement.

GENERAL NOTES

- (a) The East Regional Committee will not be responsible for any expense incurred by teams.
- (b) The judges' decisions are final
- (c) Members taking part must be prepared to produce their membership card, if required.
- (d) The East Regional Committee reserves the right to amend or cancel any of the foregoing rules.
- (e) The Allocation of Club Teams at the Regional Competition will be two teams from each District and the Committee reserves the right to approach District 'C' teams should initial Regional entries be insufficient.
- (f) On request of the venue, could clubs please be as conservative as possible with their props, as space backstage is limited. All Scenery must be contained within a set space (7ft x 4ft)
- (g) Materials on stage should be: Non - combustible material; inherently flame-retarded fabric; durably treated flame-retarded fabric; timber, hardboard or plywood treated by a process of impregnation which meets class 1 when tested in accordance with BS 476-7; timber framing of minimum 22mm nominal thickness; medium-density fibreboard (MDF), Plywood, chipboard, not less than 18mm in thickness. Plastic material subject to special consideration by the council; All fabrics, curtains, drapes and similar features should either be non-combustible or be of durably or inherently flame-retarded fabric.
- (h) Producers cannot help clear the stage.

Competition Date: Saturday 21st February 2026

Venue: Perth Concert Hall

Team Entry Form Deadline: Friday, 12th December 2025

Script, Lighting & Sound Form Closing Date: Monday 26th January 2026

Entries: 2 per district + 1 supplementary team

Entry Format: Club/ District > Region

Prizes:

First: Prize: The Shell B.P Farm Service Perpetual Trophy

Second and Third Place Certificates

Best Comedy Act Overall – Prize Certificate

Best Performer/Act Outwith The Winning Team: The Jean Graham Trophy