

East Curling 2026

ELIGIBILITY

The competition is open to full bona fide members of Clubs affiliated to the SAYFC. Former winners of this competition can compete again but teams may not consist of more than 50% of former winners. One member may be an Associate member. Please note that any member who reaches above the age of competing by the date of the National competition will be ineligible to compete in the preliminary rounds leading up to this event.

PROCEDURE

1. The East competition will be played with a maximum of 12 teams. The format of the day will depend on the number of teams registered to take part. However, it is hoped league games will be played over five ends. Two points will be awarded for a win and one for a draw. In the event of equal points, shots up to count then ends up. It will be at chief steward's discretion to the format of the competition.
2. The competition will be held over one day if sufficient ice time is available. The Association will refer any change to this procedure to the Committee if necessary. The first and second placed teams in each league will compete in the semi-finals. These games will be played over eight ends.
3. The winner from each of these semis will go forward to the final, with the loser from each of the semis playing against each other for third and fourth places. These games will be played over 10 ends or two and a half hours.
4. Teams will be responsible for the cost of their ice in the preliminary rounds. The Association will pay the ice costs for the semi-finals and final.
5. The competition will follow the rules laid down by the Royal Caledonian Curling Club, including the new 'five rock rule in the free guard zone' (Under the five rock rule, teams are not permitted to eliminate their opponents' rocks that are sitting in the free-guard zone until five stones have been played in every end.)
6. Competitors must report to the Steward in charge at the Ice Rink at the time stated on the calling advice. On the day of the competition, suitable clean shoes must be worn.
7. In the event, owing to illness, accident or any other valid reason, a player is unable to play in any round, they may be replaced by another player as substitute, provided this substitute has not already taken part in the competition in any other Team. A substitute may play in any position in any round but not higher than the position of the Curler he/she is replacing. The Skip must declare any substitutes on the entry form for the first round of the competition or the Team in the first round will be understood to be the entered Team. No team shall take into play more than two substitutes in the whole competition. All substitutes must be eligible in terms of the rules of the competition.
8. Any teams who arrive after registration time will not be permitted to play.

ENTRIES

1. This competition is open to all SAYFC clubs with no limit on entries.
2. The first 12 teams to enter will be offered a place in the competition.

Entry Deadline: Friday 13th February 2026
Competition Date: Sunday 8th March 2026

Entry Fee: £20 plus Ice fees
Entry Criteria: Club to Regional